

thin air remains to be seen. But you gave me a powerful impetus to take the matter seriously.

Apart from the need to adapt the theory to the general laws of motion, which I expect from you, it is incumbent upon me to test it against the individual facts of the new experimental psychology. The capacity of the topic to fascinate me remains as great as ever, to the detriment of all my medical interests and my "infantile paralyses," which are supposed to be finished by the New Year!

I hardly know what else to tell you about; I think I shall probably send you the thing in two parts. I hope your head will do me the favor of finding the imposition, during a refreshed period, as light as a feather. I welcome your attempts at autotherapy with sympathy. My condition is, as you expected it would be, atrocious; increasing discomfort since the last ethmoid operation. If I am not mistaken, today there was a beginning toward improvement.

Ida will probably have read aloud to you that the election results in the third district were 46 to 0, and in the second, 32 to 14 against the Liberals. I voted after all. Our district has remained Liberal.

A dream the day before yesterday yielded the funniest confirmation of the conception that dreams are motivated by wish fulfillment. Löwenfeld has written me that he is preparing a paper on phobias and obsessional ideas on the basis of one hundred cases and has asked me for various bits of information.¹ In reply I warned him that he really ought not take my ideas lightly.

A shame — but one I can explain — that I cannot yet return your paper on labor pains. I also am still waiting for your observations on migraine. I am glad to say that my wife and all the children are doing very well. My most cordial wishes to you, your dear wife, with whom even Alex was very taken, and the expected young one.

Your
Sigm.

1. Apparently the only article by Löwenfeld in this field is "Weitere Beiträge zur Lehre von den psychischen Zwangszuständen," *Archiv für Psychiatrie*, 30 (1898):679–719. Löwenfeld published a book on the topic in 1904, which contains some hitherto unknown letters by Freud, for which see Masson (1984).

Vienna, October 8, 1895

Dearest Wilhelm,

By this time news from you had become a necessity for me because I had already drawn the conclusion, in which I am rarely

wrong, that your silence meant headaches. I began to feel more comfortable again when — after a long time — I once more held a piece of your scientific material in my hands. So far I have merely glanced at it and fear that respect for so much honest and subtle material will put my theoretical fantasies to shame.

I am putting together all sorts of things for you today — several debts, which remind me that I also owe you thanks, your case history of labor pains, and two notebooks of mine. Your notes reinforced my first impression that it would be desirable to make them into a full-fledged pamphlet on "The Nose and Female Sexuality." Naturally, I was disappointed that the concluding remarks with their surprisingly simple explanations were missing.

Now, the two notebooks. I scribbled them full at one stretch since my return, and they will bring little that is new to you. I am retaining a third notebook that deals with the psychopathology of repression, because it pursues its topic only to a certain point. From there on I had to work once again with new drafts and in the process became alternately proud and overjoyed and ashamed and miserable — until now, after an excess of mental torment, I apathetically tell myself: it does not yet, perhaps never will, hang together. What does not yet hang together is not the mechanism — I can be patient about that — but the elucidation of repression, the clinical knowledge of which has in other respects greatly progressed.

Just think: among other things I am on the scent of the following strict precondition for hysteria, namely, that a primary sexual experience (before puberty), accompanied by revulsion and fright, must have taken place; for obsessional neurosis, that it must have happened, accompanied by *pleasure*.

But I am not succeeding with the mechanical elucidation; rather, I am inclined to listen to the quiet voice which tells me that my explanations are not adequate.

My yearning for you and your company this time came somewhat later, but was very great. I am alone with a head in which so much is germinating and, for the time being, thrashing around. I am experiencing the most interesting things which I cannot talk about and which for lack of leisure I cannot commit to paper. (I am enclosing a fragment for you.) I do not want to read anything, because it plunges me into too many thoughts and stunts my gratification in discovery. In short, I am a wretched hermit. Now, moreover, I am so exhausted that I shall just throw the rubbish aside for a while. Instead, I shall study your "migraine." Furthermore, I am involved in a controversy by mail with Löwenfeld.¹ After I have replied to the letter, you shall get it.

How have I been doing heartwise?² Not especially well, but not so badly as during the first fourteen days. This time my attention has not been with it at all. Alexander is a miserable rascal and will write to you. He is doing excellently as far as his head is concerned, he is a different man. He is still complaining, as far as *antipodisch*³ is concerned.

My most cordial greetings to Frau Ida and little Paul(inchen).⁴ All here are well. Martha has again made herself comfortable in Vienna.

Your
Sigm.

1. The correspondence has not survived. For Freud's relation to Löwenfeld see Masson (1984).

2. *Herzwärts*; literally, in the direction of the heart.

3. Meaning unclear. Possibly a joke based on the child's word *popo* (bottom).

4. Freud means that the baby about to come could be a boy (Paul) or a girl (Paulinchen, little Paula).

Draft I. Migraine: Established Points

[Editor's Note: According to Michael Schröter, the fragment mentioned in the preceding letter is Draft I, which contains many ideas similar to those in Fliess's *Beziehungen zwischen Nase und weiblichen Geschlechtsorganen*. He has therefore proposed that Draft I be placed in this location.]

(1) *A matter of summation*. There is an interval of hours or days between the instigation and the outbreak of the symptoms. One has a sort of feeling that an obstacle is overcome and that a process then goes forward.

(2) *A matter of summation*. Even without an instigation one has an impression that there must be an accumulating stimulus which is present in the smallest quantity at the beginning of the interval and in the largest quantity toward its end.

(3) *A matter of summation*, in which susceptibility to etiological factors lies in the height of the level of the stimulus already present.

(4) *A matter with a complicated etiology*. Perhaps on the pattern of a chain etiology, where a proximate cause can be produced by a number of factors directly and indirectly, or on the pattern of a surrogate etiology,¹ where, alongside a specific cause, commonplace causes can act as quantitative substitutes.

(5) *A matter on the model of menstrual migraine and belonging to the sexual group*. Evidence: